

Health Advisory Council Meeting Minutes

5.24.16

Attendance: Bradley Barnes, Matt Stafford, Indira Desai, Michelle Freshman, Lisa Terrizzi, and Deborah Youngblood

1. Introductions
 - a. Why are you interested in the council and what do you get out of it? With four people in attendance who are prospective members we spent time discussing what people's backgrounds and interests are.
2. Newton PATH – opioid working group
 - a. Community Awareness messaging – ideas for getting people's attention?
 - b. Members mentioned several ideas for additional strategies to get the word out both about the issues and for the event in the fall. These included:
 - i. Have the Newton North theater program create a promo video
 - ii. See if high school students could attend as part of community service hours
 - iii. Connect to relevant youth groups to get them on board with both publicity and attending. Specific ideas include the drug awareness and prevention club (AWARE?) and the youth commission
 - iv. Promote outreach to local colleges BC, Lasell, and Mt. Ida
 - v. New TV promotion
3. Newton CARES
 - a. QPR, what is it? Ideas for non-traditional trainings location
 - b. Ideas for recruitment and training locations include reaching out to colleges to see if their staff and RAs might be interested in being trained
 - c. Reaching out Village Councils to host trainings and get the word out
 - d. Scandinavian Living Center might be a good location for a training
 - e. Newton at Home might be good training for seniors connection
 - f. Other location ideas included: Dunn Gaherins, Scott Gregorian Rugs, Bill's Pizza, Paddy's pub, Larger businesses who might want to train staff such as Star Market, Wegmans.
4. Lead in the water
 - a. Burr school. Discussed challenges of sharing information in a timely manner while information is still unfolding, sometimes leading to confusion. Explained the scenario at hand and immediate plans for continuing to learn more from testing and investigations.
5. Economic Growth for All Coalition
 - a. Health and Well – Being
 - i. Resource/activity day to reduce social isolation among older adults
 - b. Self-Sufficiency Income
 - i. Develop "Making Ends Meet in Newton" guide that explains cost of living and gives folks an actual self-sufficiency income target as well as offering them resources available in the community to promote employment.

- ii. Pilot a career mentoring program lead by older adults for underemployed and unemployed folks trying to get ahead
- iii. Explore expansion of career pathways and financial literacy programs for our high school students
- c. Children's Education Cabinet
 - i. Partnership with Harvard Education Redesign Lab
 - ii. Multi-city pilot
 - iii. Working to reduce the achievement gap
 - 1. Middle school out of school time pilot?
 - 2. Preschool access for vulnerable youth
 - 3. Summer reading challenge
 - 4. High School internship program

Ended the meeting with a discussion of next steps for members to either apply to renew their terms on the HAC or apply for the first term. Deborah asked all in attendance to consider what they learned at this meeting about the work and then let her know whether they are actually interested in a potential appointment. Appointments will likely be finalized during the summer, with some additional recruitment likely, and the next meeting will be scheduled for Fall 2016.