



April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
04/19/2026	04/20/2026	04/21/2026	04/22/2026	04/23/2026	04/24/2026	04/25/2026
		9:00 AM: Muscle Movement Balance- Tuesdays 9:30 AM: ChairOne Seated Dance 9:30 AM: Spanish Conversation Group 10:30 AM: LaBlast Dance Fitness- Tuesdays 12:00 PM: Chair Yoga- Tuesdays 12:30 PM: German Conversation Group 12:30 PM: Advanced Tai Chi- Tuesdays 1:30 PM: Music Makers Band 2:00 PM: Intermediate Tai Chi- Tuesdays 2:00 PM: Bridge Organized Play 3:00 PM: Tong Ren Energy Healing Series	9:00 AM: Drawing Studio- Wednesdays 9:30 AM: Tai Chi Practice 9:30 AM: Mandarin Conversation Group 9:30 AM: Mahjong Organized Play 9:30 AM: Billiards Organized Play 11:00 AM: Nia Dance 12:00 PM: Seated Strength & Balance- Wednesdays 12:30 PM: Dance Aerobics 12:30 PM: Tech Tutor Sunmin -Mac-iPad-iPhone 12:30 PM: Tech Tutor Yael- Windows-Android-- MyActiveCenter 1:30 PM: Movie Screening- Queen of Katwe 2:00 PM: Folk Sing-Along 4:30 PM: Theatre Readers Workshop Series	9:00 AM: Chair Yoga- Thursdays 9:30 AM: Mindful Meditation 9:30 AM: Mens Club Social Group 9:30 AM: Japanese Ink Painting Series 10:30 AM: Muscle Movement Balance- Thursdays 11:00 AM: Mat Yoga - Thursdays 11:00 AM: Welcome to Retirement Discussion Group 12:00 PM: Zumba Gold - Carole 12:30 PM: French Conversation Group 12:30 PM: Ageless Grace Chair Exercise Series 12:30 PM: Rumikub and Canasta Organized Play 1:30 PM: Special Event- Concert with Eleuthera Trio- Air B and B 2:00 PM: Seated Zumba Dance 2:00 PM: Tech Tutor Martin- Mac-iOs-Apple watch 2:00 PM: Tech Tutor Tom- Windows- iPad-iPhone- Apple watch 6:00 PM: Evening Special Event- Accessible Architecture Part 4 7:00 PM: Evening Mat Yoga	9:00 AM: Zumba Gold with Cecilia- Fridays 9:30 AM: Advanced Tai Chi- Fridays 9:30 AM: Tech Tutor Gerry- Windows-Android 9:30 AM: Tech Tutor Samuel- Mac-iOS-Apple watch 9:30 AM: Mahjong Organized Play 9:30 AM: Billiards Organized Play 10:00 AM: Ceramics Open Studio for Registered Students 10:30 AM: Beginner Tai Chi- Fridays 11:00 AM: Mat Yoga- Fridays 12:00 PM: Chair Pilates 12:30 PM: Intermediate Tai Chi- Fridays 1:00 PM: Beginner Pool Lessons Series 1:30 PM: LaBlast Dance Fitness- Fridays 1:30 PM: Introduction to Digital Technology Series 2:00 PM: ERIC SUBBING- Table Tennis- Ping Pong Organized Play 3:00 PM: Mat Pilates	9:00 AM: Drawing Studio- Saturdays 12:30 PM: Saturday Scrabble