



Newton Center for Active Living

Wednesday April22, 2026

| Time | Event/Activity Name | Room/Area Name |
|----------------------|---|-----------------------|
| 7:00 AM to 8:00 PM | Ping Pong Open Play-Mon-Thurs | Activity Room #2; |
| 9:00 AM to 11:30 AM | Drawing Studio- Wednesdays | Art Room; |
| 9:30 AM to 12:30 PM | Billiards Organized Play | Game Room; |
| 9:30 AM to 12:00 PM | Mahjong Organized Play | Activity Room #3; |
| 9:30 AM to 12:00 PM | Mandarin Conversation Group | Activity Room #1; |
| 9:30 AM to 10:30 AM | Tai Chi Practice | Fitness Room; |
| 11:00 AM to 12:00 PM | Nia Dance | Fitness Room; |
| 12:00 PM to 1:00 PM | Seated Strength & Balance- Wednesdays | Gymnasium; |
| 12:30 PM to 1:30 PM | Dance Aerobics | Fitness Room; |
| 12:30 PM to 3:00 PM | Tech Tutor Yael-Windows-Android-- MyActiveCenter | Activity Room #1; |
| 12:30 PM to 3:00 PM | Tech Tutor Sunmin -Mac-iPad-iPhone | Activity Room #1; |
| 1:30 PM to 4:00 PM | Movie Screening- Queen of Katwe | Multipurpose Room; |
| 2:00 PM to 3:00 PM | Folk Sing-Along | Activity Room #3; |
| 4:30 PM to 5:30 PM | Theatre Readers Workshop Series | Activity Room #3; |