Is Alcohol or Other Drug Use Starting to Take Over Your Life or the Life of Someone You Care About? Don’t Worry Alone—Get Help!

Resources

For an emergency: CALL 911

Support
Alcoholics Anonymous
(617) 426-9444
www.aaboston.org

Narcotics Anonymous
(866) 624-3578
www.nerna.org

Learn2Cope
(508) 738-5148
www.learn2cope.org

Allies in Recovery
http://alliesinrecovery.net/

Al-Anon for MA
(508) 366-0556
www.ma-al-anon-alateen.org

Treatment
McLean Hospital
(617) 855-3141
(800) 333-0338

Genesis Counseling Services
(508) 620-2992

Treatment Referrals
Wicked Sober
(855) 953-7627
www.wickedsober.com

William James Interface Referral
(617) 332-3666 ext.1
(888) 244-6843
https://interface.williamjames.edu

General Info
Newton Health and Human Services
(617) 796-1420
www.newtonma.gov/NewtonPath

MA Behavioral Health Partnership
(617) 790-4000
www.mabhcaccess.com

Your school counselors, deans, and other trusted adults are also always here to talk to you.

Newton South High School
Brian DeLeskey
Counselor
(617) 559-6577
deleskeyb@newton.k12.ma.us

Newton North High School
Alison Malkin
Counselor
(617) 559-6237
Alison_Malkin@newton.k12.ma.us

Join us for the Alateen meeting at NNHS every Tuesday evening from 6-7pm in room 103.

When Should You Worry?
Has your relationship with friends and/or family members changed for the worse?

Have you ever put yourself in unsafe situations or made poor decisions because of using?

Have you started lying or hiding things from important people in your life?

Are you spending more time thinking about and planning your next use?

Have things that used to be important started to feel like less of a priority?

Do you feel less like “yourself” if you aren’t under the influence?

Addiction Facts

• Drug overdose is the leading cause of accidental death in the US.

• 80% of new heroin users started out misusing prescription painkillers.

• Use of any drug can increase a young person’s vulnerability to addiction to other substances of abuse later in life by altering brain chemistry and increasing social interactions with other individuals who use addictive substances.

• Marijuana is still illegal for anyone under the age of 21.

• If you suspect someone is having an overdose, call 911 and stay with them. The MA Good Samaritan law provides protection from drug possession charges when an overdose victim or an overdose witness seeks medical attention.