YOU ARE THE HELP
A two-part program to teach lay people the skills to be the help until help arrives during an emergency.

SESSION 1
Tuesday, January 21
6:30 pm - 8:30 pm
Newton Fire Headquarters

- Call 9-1-1
- Stay Safe
- Stop the Bleed
- Position the Injured
- Provide Comfort

SESSION 2
Tuesday, January 28
6:30 pm - 8:30 pm
Newton Fire Headquarters

- Make a Plan, Build a Kit, Be Prepared
- Fire Extinguishers
- Narcan
- Perform CPR

REGISTER HERE: NEWTONYATH.EVENTBRITE.COM