



# THERAPEUTIC RECREATION

## NEWSLETTER



NEWTON PARKS & RECREATION DEPARTMENT

David B. Cohen, Mayor  
Fran Towle, Commissioner Parks & Recreation



Robert DeRubeis, Deputy Commissioner  
Mark Kelly, Special Needs Director

Newton Parks & Recreation Department, 70 Crescent Street, Newton, MA 02466 • (617) 796-1500

## Here's to a Happy & Healthy 21st Century: Therapeutic Recreation and our National Health Initiative

Healthy People 2010 is a national set of health objectives established to improve the health of all people in the United States during the first decade of the 21st century. The two major goals of this initiative are to: (a) increase life expectancy and improve the quality of life of individuals of all ages, and (b) to eliminate health disparities between different segments of the U.S. population. The therapeutic recreation field is uniquely positioned to help individuals accomplish both of these goals. Therefore, our program pledges to do its part in the new decade to help improve the quality of life and overall health of all of our athletes.

We are offering over 400 hours of programming in the first six months of 2010. Our winter season kicks off with ski programs at two of the best adaptive ski programs in New England (Loon Mountain and Waterville Valley) as well as a cross-country skiing and snowshoe clinic at nearby Weston Ski Track. These programs, combined with ice-skating and hockey at Fessenden, give us every reason to embrace the wonderful sports that the winter season affords. For those of you who don't like to bundle up, our winter season also offers basketball, indoor floor hockey and instructional recreation swim.

Our Tuesday night track and swim programs will swing into action in March as will our Sports Jam program for our younger athletes. These will be followed by an ambitious spring line-up which includes: youth baseball, tandem biking, adult soccer, golf, tennis and rowing. Programs that encompass both the winter and spring season include our teen vacation camps and our weekend spectacular program that focuses on big events and big fun. Speaking of big fun, mark your calendars now for May 5, our Cinco de Mayo Awards Ceremony Fiesta.

The only way for our program to successfully join the Healthy People 2010 initiative is for athletes to use the enclosed registration form (pages 7 & 8) and sign-up for programs. However, we want everyone involved with our program to pledge to improve their quality of life through recreation. This



Come hit the slopes with Madison Havens (center) and the wonderful instructors from Loon Mountain.

means our coaches, volunteers, parents, siblings, camp counselors, sponsors and yours truly need to jump on board and look at ways to enhance our overall health. If we need any inspiration, I would like to announce that Kathleen Carter, the director of Camp Echo Bridge, and Dan Foley, a Newton resident and friend of the program, will be running the Boston Marathon on April 19 to raise money for the Newton Special Athletes program.

Come help our program join Healthy People 2010. Together lets improve our own health, the health of our loved ones and the health of our community. Speaking of community, we would like to congratulate Setti Warren, Mayor-Elect of Newton. We look forward to inviting him to some of our larger events so that he can become familiar with our program and meet our athletes. On behalf of the Newton Parks & Recreation Department, we wish you and your family a happy and healthy New Year.

Sincerely,  
Mark Kelly

# Ski Programs

## Family Ski Day

### White Mountain Adaptive Ski School Loon Mountain

We are off to New Hampshire for a day of skiing with New England Disabled Sports at Loon Mountain. We will charter an accessible coach to ride in style from the Newton Parks & Recreation Dept. Athletes will have a lesson in the morning (10:00am-12:00noon) and afternoon (1:00pm-3:00pm). Whether you are a beginner, intermediate or expert skier they have a coach to meet your needs and are dedicated to making skiing accessible for all! We are encouraging parents, siblings, volunteers and friends of the program to join us for a fun day on the slopes. The \$80 rate is for Newton Special Athletes. Snowboarding, snow tubing, cross-country skiing, and snow shoeing are also possibilities, so get ready to have some winter fun at Loon!

**When:** Saturday 7:00am-6:00pm

**Location:** Loon Mountain, Lincoln, NH

**Dates:** January 23

**Ages:** 5 & Up

**Cost:** \$80.00 (includes transportation, rental, lift ticket and 4 hour lesson)

## Cross-Country Skiing & Snowshoe Clinic

### Outdoor Access Program, Weston Ski Track

We have again teamed up with Outdoor Access (within MA Department of Conservation & Recreation) to offer an exciting day of outdoor fun at the Weston Ski Track. Come cross-country ski or snowshoe with us and enjoy the winter trails.

Athletes will ski or snowshoe in the morning (11-noon) and afternoon (12:45pm-1:30pm). Athletes should bring a lunch and our program will provide hot chocolate. Special Olympics will also be at the Weston Ski track on this day for their assessment. Athletes that would like to compete in the assessment need to let us know so we can sign them up.

**When:** Sunday, 10:30am-1:30pm

**Location:** Weston Ski Track

Leo J. Martin Golf Course

**Dates:** January 31

**Ages:** 5 & Up

2 **Cost:** \$15 cash at event



(from left to right) Nathan Orlov, Ben Majewski and Ned Reichenbach are looking for additional athletes to join them representing Newton in Alpine Skiing. Let us know if you are interested.

## Winter Ski & Stay with the Hooligans

Hiking with the Hooligans is a tradition that started 11 years ago with the participation of a core group of athletes, family members and volunteers from the Hooligans soccer program. This year our program has rented a few condos in Waterville Valley the last weekend in February. We invite athletes to hit the winter trails with Hooligan's head coach Stan Kruszewski as well as the Waterville Valley Adaptive Snowsports School. Proper gear and clothing is required and some winter experience snowshoeing, cross-country or downhill skiing is necessary.

**When:** Saturday through Monday

**Location:** Black Bear Lodge at Waterville Valley

**Dates:** March 6-8

**Ages:** 21 & Up

**Cost:** \$200

## Special Olympic Ski Dates

### Alpine Skiing Assessment Round:

Saturday, January 30th, Blandford Ski Area

### Cross Country Skiing Assessment Round

Sunday, January 31st, Weston Ski Track

### Figure Skating Winter Games

February 27th & 28th, Connecticut

### Winter Games

March 13th & 14th, Wachusett Mountain

**Please note:** If your son or daughter wants to compete in Special Olympic Figure Skating, Alpine or Cross County Skiing please contact us as soon as possible so that we can sign them up to participate. Athletes must have a current Special Olympic medical form and attend the assessment round to be eligible for the Winter Games.

# Basketball & Ice Skating

## Newton Celtics Men's Basketball Team

The Newton Celtics team is unique in that the team members remain the same unless someone decides to retire. If you have been on the team in the past and choose to play this year please sign up on the registration form. Commitment to attending weekly practice sessions, playing in Special Olympic competitions and scrimmages weekends and evenings is imperative.

**When:** Wednesdays 6:00pm-7:30pm

**Location:** The MacKenzie Center,  
Sacred Heart Parish Hall, Newton Centre

**Dates:** January 6, 13, 20, 27  
February 3, 10, 24, 26 (Harvard), 27 (Clancy)  
March 3 (Andrea Josephson Game)

**Ages:** 21 & Up

**Cost:** \$30 Newton Resident, \$35 Non Resident

## Newton All-Stars & Pointsetters Coed Basketball Teams

The Pointsetters are back on Wednesday nights this season and welcome both men and women to the team. The Pointsetters will participate in a halftime game at Harvard University, the Andrea Josephson basketball game and Kevin Clancy Basketball Tournament.

**When:** Wednesdays 7:30pm-8:30pm

**Location:** The MacKenzie Center  
Sacred Heart Parish Hall, Newton Centre

**Dates:** January 6, 13, 20, 27  
February 3, 10, 24, 26 (Harvard), 27 (Clancy)  
March 3 (Andrea Josephson Game)

**Ages:** Pointsetters 18 & Up

**Cost:** \$30 Newton Resident, \$35 Non Resident

## Ice-Skating/Hockey

Athletes will not want to miss out on learning skating and hockey skills taught by the boys from Fessenden as well as players from the BC Women's Hockey team. All skaters must provide their own skates and helmets. There is no skate rental at Fessenden but there is a shop to get skates sharpened. If your son or daughter wants to participate in hockey, please let us know so we can work on getting them equipment.

**When:** Thursdays 7:00pm-8:00pm

**Location:** The Fessenden School  
250 Waltham Street, West Newton

**Dates:** January 7, 14, 21, 28  
February 4, 11

**Ages:** 5 & Up

**Cost:** \$20 Newton Resident, \$25 Non-Resident

**Note:** If you paid in the fall you are all set. Just sign up and do not send funds for this program.

### Nor'easter – No Problem

Thanks to John and Karl O'Hara, our road race committee, and all of our sponsors we raised over \$31,000 at Paddy's Road Race on October 18th to benefit the Newton Special Athletes program. The real champions of the day were our volunteers and the 1,015 people who shillelagh shuffled the 3M course in very trying conditions. The Nor'easter showed us how much support, enthusiasm, and dedication there is towards Paddy's Road Race. The race has a very bright and sunny future! Thank you for supporting O'Hara's & Paddy's when your family, friends, or co-workers head out for lunch or dinner.

**O'HARA'S**  
FOOD & SPIRITS

1185 Walnut St.  
Newton Highlands, MA 02461  
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Fax: (617) 965 - 1010  
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An inviting atmosphere where  
all are welcome to enjoy fine food,  
drink and conversation.

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Nestled in the heart of West Newton,  
Paddy's has been completely renovated and  
customized to the O'Hara's high standards.



### Kevin Clancy Basketball Tournament

Saturday February 27th  
Newton North High School

# Track, Swim Team, Tigers, Tandem Biking

## Track Training Program

Runners and walkers come and get in shape and meet new friends. Participants are eligible for Special Olympic competition in the spring and summer based on attendance and effort. Special Olympic medical forms are required for all interested in S.O. competition. Athletes should wear comfortable clothing and sneakers.

**When:** Tuesdays 7:00pm-8:00pm

**Location:** Newton North High School  
(March 2-May 11, 7-8pm)  
Newton YMCA  
(May 18-June 15, 6-7pm)

**Dates:** March 2, 9, 16, 23, 30  
April 6, 13, 27  
May 4, 11, 18, 25  
June 1, 8, 15

**Note:** No program April 20 for vacation week.

**Ages:** 13 & Up

**Cost:** \$30 Newton Resident, \$35 Non Resident

## Newton Swim Teams

This program is for youth and adults that are ready to swim laps. Both teams will have the opportunity to compete in the Area and Summer Games in 2010. Our Tuesday night athletes will start up in March and continue through May. Our Saturday morning athletes will swim alongside our Bear Cubs in January and the first weekend in February. They start up again on Feb 27 and continue into April.

**When:** Tuesdays, 8:00pm-9:00pm or  
Saturdays, 9:00am-10:00am

**Location:** Newton North High School.  
Use Hull Street Entrance

**Dates: Tuesday Night Athletes (Team A)**  
March 2, 9, 16, 23, 30;  
April 6, 13, 27; May 4, 11

**Note:** No program April 20 due to vacation week

**Saturday Morning Athletes (Team B)**  
January 9, 16, 23, 30; Feb 6, 27;  
March 6, 13, 20;  
April 10, 17

**Note:** No program April 3 & 24

**Ages:** Junior Team (10-17)  
Senior Team (18 & Up)

**Cost:** \$30 Newton Resident, \$35 Non Resident

## Tigers Winter Sports & Spring Baseball

After enjoying floor hockey and bowling in the winter months, the Tigers will take to the mound in the spring. Come learn the fundamentals of baseball and take a swing at this exciting sixth year program. Opening day is set for May 1, 2010

**When:** Saturdays 9:30am-11:00am

**Location:** Emerson Community Center (*floor hockey*)  
Fairway Lanes, Natick (*bowling*)  
Hawthorn Field (*baseball*)

**Dates:** Jan 9, 16, 23, 30; Feb 6, 13, 20, 27  
(*floor hockey*)  
March 6, 13, 20, 27; April 3, 10, 17, 24  
(*bowling*)  
May 1, 8, 15, 22 June 5, 12, 19 (*baseball*)

**Ages:** 14-22

**Cost:** \$30 Resident, \$35 Non Resident

## Tandem Biking

Come join coach Mort Orlov and our Tiger Tandem program as they pedal into the next decade. This spring four tandem bike rides are planned. Duration of rides is typically 2 hours, which includes a break, typically at an ice cream establishment (like Dairy Joy out in Weston). Requirements include a tandem bike with an adult captain (person up front) and helmets for both riders.

**When:** Sundays, 1:00pm-3:00pm

**Location:** Meet at Newton City Hall  
(War Memorial side)

**Dates:** May 2, 16  
June 6, 13

**Ages:** 8 & Up

**Cost:** \$30 Resident, \$35 Non Resident

**Take a Plunge  
for Newton  
Special Athletes**

**Saturday March 6, 2010**

Revere Beach or Nantasket Beach

[www.passionplunge.org](http://www.passionplunge.org)

If interested please call (617) 796-1527



# Golf, Tennis, Rowing, Soccer

## Golf Clinics

Come join head pros Larry Coletti & Brian Bain for two instructional golf clinics that will focus on both the short game (chipping and putting) as well as the long game (woods, irons). Golf clubs provided. For those interested, we will also work on coordinating a day to play 9 holes at Putterham to show off all the skills athletes have learned at the clinics.

Transportation is also provided from the Newton Parks & Recreation Office. Program limited to 12 participants.

**When:** Thursdays, 3:30pm-5:30pm

**Location:** Brookline Golf Club at Putterham Meadows  
1281 West Roxbury Parkway, Brookline

**Dates:** May 6, 13

**Ages:** 13 & up

**Cost:** \$10 Resident, \$12 Non-Resident

## Tennis

This Spring our tennis program moves to Monday nights at Lower Falls Community Center. This six week program will focus on all aspects of tennis (groundstrokes, serves, volleys, as well as the rules of the games) and help prepare athletes for the Summer Games in June.

**When:** Monday Nights, 5:00pm-6:00pm

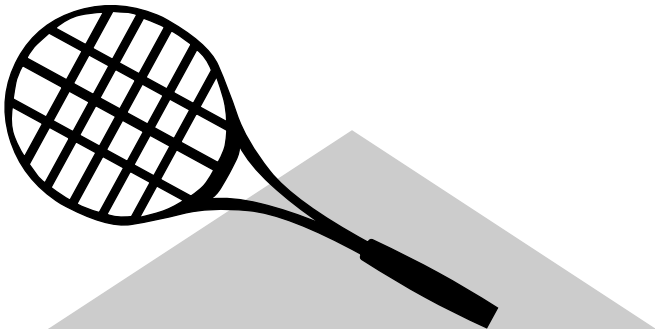
**Location:** Lower Falls Community Center Courts,  
545 Grove Street

**Dates:** May 3, 10, 17, 24

June 7, 14

**Ages:** 13 & up

**Cost:** \$25 Resident, \$30 Non-Resident



## Rowing

Come get a great workout while enjoying the Charles River this spring. We will head down to CRI's award winning boathouse for three rowing clinics. Program is limited to 10 participants and all boats will be staffed with Newton Park & Recreation and Community Rowing Inc. staff.

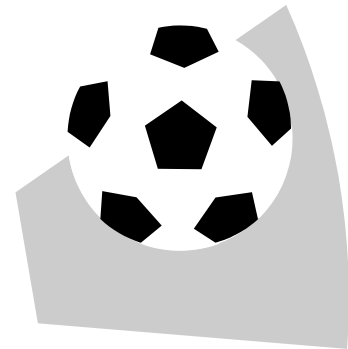
**When:** Fridays, 4:00pm-5:00pm

**Location:** Community Rowing Inc.  
Harry Parker Boathouse

**Dates:** May 7, 14 & 21

**Ages:** 13 & Up

**Cost:** \$10 Resident, \$12 Non-Resident



## Hooligan Spring Soccer

The Hooligans are offering a third mini-season of spring soccer. The Hooligans will practice in April as well as attend one or two out of state tournaments in early May. Athletes from both the Super Hooligans and the Mighty Hooligans teams are invited and new soccer athletes are welcome. This will be a 5-a-side traditional Special Olympics soccer team.

**When:** Sundays, 10:00am-Noon

**Location:** Newton West Suburban YMCA

**Dates:** April 11, 18 & 25

**Ages:** 18 & Up

**Cost:** \$25 Resident, \$30 Non Resident

# Socials, Vacation Camp & Bear Cubs



## Weekend Spectaculars

Big events, big fun! Come kick off our Weekend Spectaculars program in February with our Valentines Day Dance and Luncheon. The dance will be held at the Hyde Community Center in Newton Highlands and feature lovely entrees from Bakers Best Catering. In April, we are off to Patriots Place in Foxboro. We will tour the Hall at dine at the state-of-the-art CBS Scene restaurant. In June, we will have dinner and see the much anticipated *Shrek Forever After*. This time it's up to Shrek to undo all of Rumpelstiltskin's mischief in the hopes of saving his friends, restoring his world, and reclaiming his One True Love and family.

**When:** Weekends

**Location:** Hyde Community Center  
90 Lincoln Street (Feb)  
Bus from 70 Crescent Street (April)  
Vans from 70 Crescent Street (June)

**Dates:** Sunday February 14  
**Valentine's Dance & Bakers Best Luncheon**  
Saturday April 10  
**Hall at Patriots Place & CBS Scene Lunch**  
Saturday June 5  
**Dinner & Shrek Forever After**

**Ages:** 16 & Up

**Cost:** Various costs depending on trip

## Teen Vacation Camps

This is a trip-based vacation camp program. We start and end our fun-filled days at the Lower Falls Community Center. Cost includes admission to attractions, lunch and transportation. Join us in February and/or April for an action-packed vacation. Both weeks will fill up fast, so get your registration forms back as soon as possible.

**When:** Tuesday-Friday 8:30am-3:30pm

**Location:** Lower Falls Community Center  
545 Grove Street

**Dates:** February 16-19; April 20-23

**Ages:** 13-19

**Cost:** \$175 for all 4 days or sign up by individual day

## Bear Cubs Sports Jam

After wrapping up the 2009-2010 swim program in early February, the Bear Cubs will transform into Thundercats in March and April. That's right, Thundercat Sports will be offering a 4-week Sports Jam program again this spring. Participants will learn skills in soccer, floor hockey, basketball and more. This program will focus on having fun, making friends and enhancing sport skills.

**When:** Saturdays 9:00am-9:50 noon

**Location:** Newton North (Swimming)  
Horace Mann School Gym

**Dates:** March 20, 27 & April 3, 10

**Ages:** 6-12

**Cost:** \$30 Resident, \$35 Non Resident



Support Kathleen Carter or Dan Foley  
by cutting out this pledge card!

### Boston Marathon ~ 26.2 to Benefit ~ Newton Special Athletes Pledge Card

Support my running of the Boston Marathon and help support recreation programs for over 300 athletes with disabilities

\_\_\_\_\_ \$0.50 per mile \$13.10  
\_\_\_\_\_ \$1.00 per mile \$26.20  
\_\_\_\_\_ \$2.00 per mile \$52.40  
\_\_\_\_\_ \$3.00 per mile \$78.60  
\_\_\_\_\_ Other amount \$ \_\_\_\_\_

Runners Name: \_\_\_\_\_

Sponsors Name: \_\_\_\_\_

Checks payable to: Newton Special Athletes  
Send checks and pledge cards to:

**Newton Special Athletes**  
PO Box 66163, Newton, MA 02466

Newton Special Athletes is a 501 (c) 3 non-profit organization and your contribution is tax-deductible

**We will notify Kathleen or Dan of your donation. Our sincere thanks!**

# Winter/Spring Registration Form

(Please complete both sides)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Town Zip

Phone: \_\_\_\_\_ Emergency#: \_\_\_\_\_

Participant or Family email: \_\_\_\_\_

Program	Ages	Resident	Non Resident	Check Off
1. Downhill Ski Trip	5 & Up	\$80	\$85	_____
2. Cross-Country Ski Clinics	5 & Up	\$15 cash at the clinic		_____
3. Ice-Skating/Hockey	5 & Up	\$20	\$25	_____
<i>Note: If you signed up in the fall do not send funds</i>				
4. Newton Celtics	21 & Up	\$30	\$35	_____
5. Newton Pointsetters	18 & Up	\$30	\$35	_____
6. Track Training	13 & Up	\$30	\$35	_____
7. Junior Swim Team	10-17	\$30	\$35	_____
8. Senior Swim Team	18 & Up	\$30	\$35	_____
9. Tennis	13 & Up	\$25	\$30	_____
11. Golf Clinics	13 & Up	\$10	\$12	_____
12. Rowing	13 & Up	\$10	\$12	_____
13. Tigers Sports	14-22	\$30	\$35	_____
14. Tandem Biking	8 & Up	\$30	\$35	_____
15. Bear Cubs Sports Jam	6-12	\$45	\$60	_____
16. Hooligans Spring Soccer	18 & Up	\$25	\$30	_____
15. Weekend Spectaculars	16 & Up	Pay as you go/Monthly flyers		_____
17. Winter Ski & Stay	21 & Up	Please send additional info on		_____
18. Vacation Camps	13-19	Please send additional info on:		_____
		February Camp		_____
		April Camp		_____

**Total of Check Enclosed:** \_\_\_\_\_ **Make all checks payable to: CITY OF NEWTON.**

Mail both Registration & Medical Forms along with payment to:  
**Newton Parks & Recreation Department, 70 Crescent Street Newton, MA 02466**

## CONSENT FORM

### Parental Consent, Release from Liability and Indemnity for Newton Parks and Recreation Special Needs Program

I/we, the undersigned father and mother, or guardian(s) of \_\_\_\_\_, a minor, do hereby consent to his/her participation in the Therapeutic Recreation Program of the Newton Parks & Recreation Department. I/we forever RELEASE, acquit, discharge and covenant to hold harmless the City of Newton, a municipal corporation of the Commonwealth of Massachusetts, and its successors, departments, officers, employees, servants and agents, of and from any and all actions, causes of actions, claims, demands, damages, costs, loss of services, expenses and compensation on account of, or in any way growing out of, directly or indirectly, all known and unknown personal injuries or property damages which I/we may now or hereafter have as the parent(s) or guardian(s) of said minor, and also all claims or rights of actions or damages which said minor has or hereafter may acquire, either before or after his/her participation in Therapeutic Recreation Program. FURTHERMORE, I/we hereby agree to protect the City of Newton and its successors, departments, officers, employees, servants and agents against any and all claims for damages, compensation or otherwise on the part of said minor growing out of or resulting from injury to said minor in connection with his/her participation in the Therapeutic Recreation Program and to INDEMNIFY, reimburse or make good to the City of Newton or its successors, departments, officers, employees, servants and agents any loss or damage or cost, including attorney's fees, the City of Newton or its representatives may have to pay if any litigations arise from said minor's participation in and field trips with, the said Therapeutic Recreation Program.

SIGNATURE PARENT/GUARDIAN \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ DATE \_\_\_\_\_

**Photo Release:** For all participants in any program. Permission is given for my child's picture to be taken with the possibility of being published, reproduced or otherwise used for publicity, educational or other purposes. Yes \_\_\_\_\_ No \_\_\_\_\_

# 2010 Medical Information Sheet

Please Print

Medical Diagnosis \_\_\_\_\_

Primary Care Physician \_\_\_\_\_

Known allergies to food \_\_\_\_\_

Known allergies to medicine \_\_\_\_\_

Does Participant have seizures? Yes \_\_\_\_ No \_\_\_\_

If yes, how often? \_\_\_\_\_

What type? \_\_\_\_\_

Date of last seizure \_\_\_\_\_

## Emergency Contact

Name \_\_\_\_\_

Telephone \_\_\_\_\_

## Medications

**List all medications participant is taking below:**

Please note: Data provided on this form is for information purposes only. In the event of an emergency this form will be given to medical personnel. Newton Parks & Recreation Department is not authorized to administer any medications.

Medication	Time	Dosage

Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

# 2010 Calendar

## January

S	M	T	W	T	F	S				
					1	2				
3	4	5	Newton Pointsetters Newton Celtics	6	Ice-Skating/Hockey	7	8	9	Tigers Floor Hockey Bear Cubs Swimming	
10	11	12	Newton Pointsetters Newton Celtics	13	Ice-Skating/Hockey	14	15	16	Tigers Floor Hockey Bear Cubs Swimming	
17	MLK Day	18	19	Newton Pointsetters Newton Celtics	20	Ice-Skating/Hockey	21	22	23	Family Ski Trip: Loon Mountain Tigers Floor Hockey Bear Cubs Swimming
24	25	26	27	Newton Pointsetters Newton Celtics	28	Ice Skating/Hockey	29	30	31	SO Alpine Assessment: Blandford Ski Area Tigers Floor Hockey Bear Cubs Swimming
31 Cross Country Skiing & Snowshoe Clinic										

## February

S	M	T	W	T	F	S						
	1	2	Newton Pointsetters Newton Celtics	3	Ice-Skating	4	5	6	Tigers Floor Hockey Bear Cubs Swimming			
7	8	9	Newton Pointsetters Newton Celtics	10	Ice-Skating	11	12	13	Tigers Floor Hockey			
14	President's Day	15	Vacation Camp Mall/Bugaboo Creek	16	Vacation Camp Lazer Zone	17	Vacation Camp Museum of Science	18	19	Vacation Camp Lanes & Games	20	Tigers Floor Hockey
21	22	23	Newton Pointsetters Newton Celtics	24	25	Harvard vs. Brown Celtics & Pointsetters at Halftime	26	27	Kevin Clancy Basketball Tournament Tigers Floor Hockey Swim Team B			
28												

# 2010 Calendar

## March

S	M	T	W	T	F	S
	1 Track Swim Team A	2 Track Swim Team A	3 Andrea Josephson Basketball Game	4	5	6 Hooligans Winter Hike Bear Cubs, Tigers Bowling Swim Team B
7 Hooligans Winter Hike	8 Hooligans Winter Hike	9 Track Swim Team A	10	11	12 Winter Games	13 Winter Games Tigers Bowling Swim Team B
14 Winter Games	15	16 Track Swim Team A	17	18	19	20 Bear Cubs Sports Jam Tigers Bowling Swim Team B
21	22 Track Swim Team A	23 Track Swim Team A	24	25	26	27 Bear Cubs Sports Jam Tigers Bowling Swim Team B
28	29 Track Swim Team A	30 Track Swim Team A	31			

## April

S	M	T	W	T	F	S
				1	2	3 Bear Cubs Sports Jam Tigers Bowling
4	5 Track Swim Team A	6 Track Swim Team A	7	8	9	10 The Hall, Patriots Place & CBS Scene lunch Bear Cubs Sports Jam Tigers Bowling Swim Team B
11 Hooligan's Soccer	12 Track Swim Team A	13 Track Swim Team A	14	15	16	17 Tigers Bowling Swim Team B
18 Hooligan's Soccer	19 Patriot's Day	20 Vacation Camp Lancaster Golf Course	21 Vacation Camp Ecotarium	22 Vacation Camp CoCo Key Water Park	23 Vacation Camp Bowling/Chuck E. Cheese	24 Tigers Bowling
25 Hooligan's Soccer	26 Track Swim Team A	27 Track Swim Team A	28	29	30	

# 2010 Calendar

## May

S	M	T	W	T	F	S
						1 Tigers Baseball
2 Tandem Biking	3 Tennis	4 Track Swim Team A	5 Cinco de Mayo Award Ceremony Fiesta	6 Golf	7 Rowing	8 Tigers Baseball
9	10 Tennis	11 Track Swim Team A	12	13 Golf	14 Rowing	15 Tigers Baseball
16 Tandem Biking	17 Tennis	18 Track at YMCA	19	20	21 Rowing	22 Tigers Baseball
23	24 Tennis	25 Track at YMCA	26	27	28	29
30	31 Memorial Day					

## June

S	M	T	W	T	F	S
		1 Track at YMCA	2	3	4	5 Dinner & Shrek Forever After Tigers Baseball
6 Tandem Biking	7 Tennis	8 Track at YMCA	9	10	11	12 Tigers Baseball
13 Tandem Biking	14 Tennis	15 Track at YMCA	16	17	18 Summer Games	19 Summer Games Tigers Baseball
20 Summer Games	21	22	23	24	25	26
27	28	29	30		• Camp Echo Bridge Day Camp July 5 – August 13	• Residential Camping Week August 16 – 20

